

## **Child Mental Health Green Campaign**

The Garrett County Child and Adolescent Wellness committee members are requesting your assistance. As a Garrett County daycare provider, you are invited to participate in the upcoming Child Mental Health Campaign. Your contribution to this important project may assist children and families to learn how to talk to their child(ren) about emotions. You may consider including your own activities and ideas or you may take advantage of the already developed materials such as: sign a pledge to stop the sigma about Mental Health; display a poster, window cling, or bow; hand out activity sheets, etc. To request a tool kit, please contact Jennifer Lee-Steckman@Maryland.gov.

No Act of Kindness, no matter how small, is ever wasted. Aesop

CHILD MENTAL
HEALTH GREEN
CAMPAIGN

MAY IS MENTAL
HEALTH
AWARENESS
MONTH

CONSIDER
PARTICIPATING
AT WORK &
HOME

SHARE THE
SUICIDE & CRISIS
LIFELINE 988

Sponsored by Garrett County
Child & Adolescent Wellness
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Prevention, Youth and
Victim Services.